

# Be coronavirus safe at school

- When a person with COVID-19 coughs or sneezes, they leave the virus on surfaces.
- You can catch coronavirus if you touch these surfaces and then touch your face, eyes, nose or mouth or if you are in close contact (1,5 metres) with a person who has coronavirus.
- Wear a mask and use the **5 Golden Rules of Good Hygiene.**



## 5 Golden Rules

1. Wash hands
2. Don't touch face
3. Keep 1,5m apart
4. Cover your cough
5. Sick? Stay home

## Stay home

If you are sick or someone at home has COVID-19.



## Travel safely

- When queuing or walking to school, keep 1,5 metres away from others.
- When travelling:
  - Wash/sanitise hands before getting on and after getting off the bus/taxi/car.
  - Do not touch door handles, rails and windows.
  - Do not touch others.
  - Sit far apart from others.
  - Try not to touch any surfaces.
  - Use hand sanitiser after handling money.



## Wear a mask

- Use it properly.
- Have a spare mask.
- Only remove it to eat or drink (and store it safely).
- Do not share masks.



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## Keep safe

Before entering school:

- Wash/sanitise your hands.
- You will be screened for COVID-19.
- Your temperature will be checked.



## Keep clean

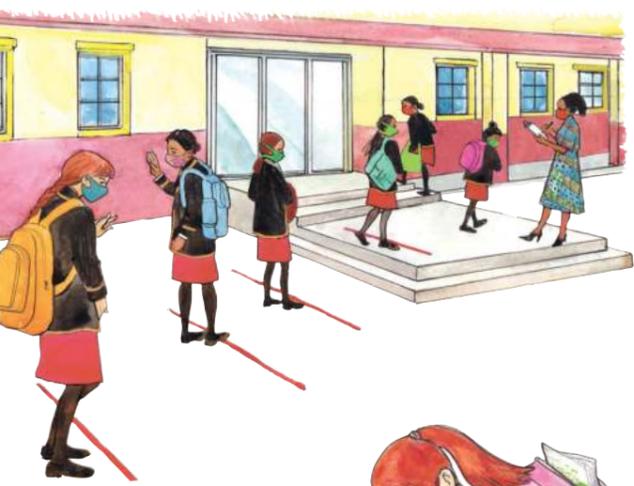
Wash your hands well and often, especially:

- Before eating and drinking.
- After using the toilet.
- After breaks.
- Dry your hands on paper towel or let them dry on their own.



## Do not share

Do not share stationery, books, bottles or utensils or share your lunch.



## Keep apart

Keep 1,5 metres away from others when:

- In the classroom.
- In the toilet.
- At breaktimes, avoid sitting in groups and keep apart.
- Avoid hugging, kissing, shaking hands and high fives.



## Cough safely

- Cough or sneeze into your elbow or a tissue.
- Throw the tissue safely in a bin.



## Do not touch your face

If you need to touch your face or clean your glasses, first wash your hands.



**Be Kind.**  
Don't tease others about COVID-19.  
We are all in this together.

